

**Creative Support Ltd, Head Office**

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## Relief Support Worker

Newton Aycliffe, County Durham

**Reference: 90023**

Thank you for your interest in the above post, please find the specific role requirements and duties for this post detailed within this document. When completing the application form you may submit additional documentation however we cannot accept a CV as a completed application.

### Closing Date: 19 December 2025

Please note that we will shortlist applications for this role as they are received rather than waiting for the closing date so please submit your applications at the earliest opportunity.

Once you have submitted your application form allow *7 working days* after the closing date for a response. Please return the application form by email to [recruitment@creativesupport.co.uk](mailto:recruitment@creativesupport.co.uk) or by post to Recruitment, Creative Support, Head Office, Wellington House, 131 Wellington Road, Stockport, SK1 3TS.

We very much look forward to receiving a completed application from you.

Yours faithfully

**Recruitment Department**

*Please note that all employees are required to complete an enhanced DBS check*

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**Stonewall DIVERSITY CHAMPION**



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## **JOB DESCRIPTION – RELIEF SUPPORT WORKERS**

**Newton Aycliffe, County Durham**

**Hours:** As required. You are expected to work flexibly to meet the needs of the service, including evenings, weekends and Bank Holidays.

**Accountable to:** Relief Staff Team Leader

**The Role:** You will provide person centred support to people with learning disabilities, physical disabilities and offer respite to carers. You will enable them to enjoy a fulfilling and valued life, to participate in the community and to develop their abilities as fully as possible.

### **1. Support Work Duties:**

- 1.1** Develop warm, trusting relationships with service users to encourage them to express needs, views and concerns.
- 1.2** Promote the self-esteem, happiness and emotional health of service users.
- 1.3** Respect service user's right to privacy and ensure that their dignity is maintained.
- 1.4** Encourage and support service users to express needs, views and concerns. Enable service users make choices and decisions and participate as fully as possible in planning and decision-making processes. Enable people to contribute actively to decisions regarding their own care, support and activities through verbal and non-verbal communication methods tailored to their needs.
- 1.5** Respect and promote the rights and entitlements of people with learning disabilities, and complex needs, and autism spectrum conditions and enable them to participate as fully as possible in communities.
- 1.6** Carry out the role of key worker and enable service users to achieve their goals and aspirations by working alongside them to develop and implement person centred plans. Be responsive to changing needs and preferences.
- 1.7** Support service users in maintaining the safety, security and comfort of their homes. Support service users in understanding and adhering to the terms and conditions of their tenancy agreement and in enjoying the rights and responsibilities of being a tenant.
- 1.8** Enable service users to gain independence, confidence and competence in following areas:
  - Social skills/relationships
  - Personal care & hygiene
  - Daily living skills
  - Managing money
  - Using community resources and facilities
  - Social, leisure and work activities
  - Self-organisation and coping abilities
  - Personal safety

Achieve this through practical assistance, support, therapeutic recreation and education sessions, teaching, advice, role modelling, encouragement and positive feedback.

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- 1.9** Support service users in claiming their full benefit entitlement, budgeting and managing their personal finances.
- 1.10** Provide respectful personal care following needs, wishes and preferences outlined in personal support plans
- 1.11** Support people to enjoy a wide range of activities within the home and community which meets their needs. Support service users in developing a socially valued lifestyle, including culturally and age appropriate experiences, building on strengths, interests and aspirations of service users. Enable people to access social, leisure, work and educational opportunities.
- 1.12** Ensure that service users receive advice, care and regular health checks to ensure their physical and mental wellbeing. Promote nutrition, relaxation, exercise and healthy lifestyles. Observe and monitor the service users' emotional and physical wellbeing and inform the Manager, families and involved professionals of concerns or significant changes in needs, behaviour and circumstances.
- 1.13** Offer positive behaviour support to individuals who express their frustrations and needs through behaviour that challenges by using appropriate strategies, management protocols and guidelines agreed with the multi-disciplinary team where appropriate
- 1.14** Collaborate with families of service users and involved professionals to provide consistent services to meet individual needs. Encourage and support connections with families and friends. Positively and respectfully communicate with families and involved professionals.
- 1.15** Follow the guidance and risk management strategies outlined in risk management plans. Work in a safe and responsible manner to safeguard vulnerable service users from harm whilst ensuring they are able to make choices, enjoy new experiences and live a full life.
- 1.16** Ensure that vulnerable adults and children are safeguarded from harm. Comply with Creative Support and Council's safeguarding policy and procedures and promptly report concerns regarding vulnerable adults or children to the Council, the Manager and the Duty/On Call Manager.
- 1.17** Assist service users in administration and monitoring of prescribed medication following the Scheme's Medication Policy.
- 1.18** Take appropriate action in the event of unforeseen incidents and emergencies, ensuring that the Registered Manager is informed promptly.
- 1.19** Follow health and safety guidelines and promptly alert the Registered Manager of Health and Safety concerns.
- 1.20** Contribute to project records and individual case files.
- 1.21** Conduct and record financial transactions involving service users within agency guidelines.
- 1.22** Carry out general administrative duties, housing management tasks and services as required.
- 1.23** Contribute to person centred reviews, through verbal and written reports and by attending Support Planning meetings.

- 1.24** Employees should be aware that due to the nature of work Creative Support undertakes there is a requirement to support service users with daily living skills and activities which will include moving and handling and may involve supporting people with personal care needs.

**2. General Duties:**

- 2.1** Notify Line Manager of planned whereabouts and to submit accurate timesheets weekly.
- 2.2** Accept support, supervision and guidance from senior colleagues.
- 2.3** Identify own training needs with line manager and attend training events and courses.
- 2.4** Carry out all work in a manner consistent with the aims of the project and the service principles adopted by Creative Support.
- 2.5** Ensure that you and other staff, volunteers and students on placement comply with the following:
- Health and Safety policies and Equal Opportunities Policy
  - Safeguarding of Vulnerable Adults, including immediate reporting of safeguarding concerns to the Council, the Registered Manager and the Duty/On Call Manager.
  - Confidentiality and data protection
  - Health and Social Care Act 2008, including active prevention and control of infection within the capacity of the role
  - All Creative Support policies, procedures and guidelines for best practice
- 2.6** There is a requirement to support service users with daily living skills and individual activities, including moving and handling.
- 2.7** Work flexibly to meet the needs of the service. This may include day, evening, weekend and sleep in shifts which may also be split shifts.
- 2.8** Take on the role of shift co-ordinator when required.
- 2.9** Any other duties as required.

## PERSON SPECIFICATION – RELIEF SUPPORT WORKERS

Newton Aycliffe, County Durham

	QUALITIES REQUIRED	How Assessed	Essential/ Desirable
1	Experience of supporting people with learning disabilities and physical disabilities	Application Form	Essential
2	NVQ or equivalent social care qualification	Application	Desirable
3	Degree level education	Application	Desirable
4	A warm, person centred and respectful approach to working with people with learning disabilities	Interview	Essential
5	Excellent verbal and written communication skills and ability to listen sensitively to others	Interview	Essential
6	Collaborate with involved professionals and friends and family of service users	Interview	Essential
7	Work constructively and co-operatively as part of a consistent team approach	Interview	Essential
8	Work safely and responsibly without direct supervision in service user's own home	Interview	Essential
9	Demonstrate initiative, self-motivation and resourcefulness	Interview	Essential
10	Ability to provide respectful personal care and assistance with mobility needs	Interview	Essential
11	Support service users with physical health needs; this may include pushing wheelchairs and using hoists for which a degree of physical fitness will be required	Application, Pre-Emps & Interview	Essential
12	Willingness to work flexibly to meet the needs of the service, including weekends and evenings	Interview	Essential
13	A clean driving licence and access to a car	Application	Essential

## **TERMS AND CONDITIONS – RELIEF SUPPORT WORKER**

**Newton Aycliffe, County Durham**

### **Pay Structure:**

**£12.60 per hour plus accrued holiday credit – Pay rate effective from 01 January 2026**

### **2. Hours of Work:**

As required on a relief basis (i.e. on a non-contracted basis)

### **3. Probationary Period:**

The first four months will constitute a probationary period.

### **4. Holidays:**

You will receive paid holiday hours in respect of holidays which have been accrued. Payments will be calculated as an average using hours worked over the preceding 12 week period up to a maximum of 180 hours (24 days) per holiday year. Holiday pay is not automatically given and these must be requested.

### **5. Sickness Policy:**

You will not be entitled to company sick pay.

### **6. DBS Checks:**

Employment will be subject to enhanced Disclosure and Barring Service checks and ISA checks.

### **7. Sona App:**

It is mandatory for all bank staff to sign up for the Sona app which is used to advertise available shifts

### **8. Sponsorships:**

We are unable to offer any Skilled worker visas for any relief/ bank posts. This is because the Home Office require individuals to have a set annual earnings threshold of over £21,000 per annum and we are unable to guarantee hours on an ad-hoc basis.

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