

**Creative Support Ltd, Head Office**

Wellington House
131 Wellington Road
Stockport
SK1 3TS

Tel: 0161 236 0829
Fax: 0161 237 5126
recruitment@creativesupport.co.uk
www.creativesupport.co.uk

Relief Support Worker

Telford Mental Health Service

Reference: 85129

Thank you for your interest in the above post, please find the specific role requirements and duties for this post detailed within this document. When completing the application form you may submit additional documentation however we cannot accept a CV as a completed application.

Closing Date: 19 November 2025

Once you have submitted your application form allow *7 working days* after the closing date for a response. Please return the application form by email to recruitment@creativesupport.co.uk or by post to Recruitment, Creative Support, Head Office, Wellington House, 131 Wellington Road, Stockport, SK1 3TS.

We are very much looking forward to receiving a completed application from you.

Yours Faithfully

Recruitment Department

Please note that all employees are required to complete an enhanced DBS check.

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We invest in people Gold



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JOB DESCRIPTION – RELIEF SUPPORT WORKER

Telford Mental Health Service

Hours: Zero hour basis.

Responsible to: Service Manager, UBM and senior colleagues

The Role:

To provide individualised person centred support to people with learning disabilities living in their own homes or in supported housing; to enable them to enjoy a fulfilling and valued life, to participate in the community and to develop their abilities as fully as possible.

Main Duties

1. To develop and sustain warm and trusting relationships with service users.
 2. To promote the self-esteem, happiness and emotional health of service users.
 3. To respect the client's right to privacy and to ensure that their dignity is maintained at all times.
 4. To encourage and support service users in expressing their needs, views and concerns. To enable service users to make choices and decisions and to participate as fully as possible in planning and decision-making processes, in line with current legislation such as the care act.
 5. To respect and promote the rights and entitlements of people with learning disabilities, and to enable them to participate as fully as possible in their communities.
 6. To be responsive to the individual needs of service users within the framework of their Person Centred Plans and to respond flexibly to changing needs.
 7. To enable service users to become as independent as possible and to grow in confidence, competence and personal effectiveness in the following areas:
 - Social skills/relationships
 - Personal care & hygiene
 - Daily living skills
 - Using community resources and facilities
 - Social, leisure and work activities
 - Self organisation and coping abilities
 - Personal safety
- To achieve this through the provision of practical assistance, support, therapeutic recreation and education sessions, teaching, advice, role modelling, encouragement and positive feedback.
10. To support people who express their frustrations and needs through challenging behaviour by using appropriate strategies and intervention frameworks as specified by the Person Centred Plan.
 11. To ensure that service users receive all necessary advice, care and regular health checks to ensure their physical health and well being. To promote nutrition, relaxation, exercise and a healthy lifestyle.

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12. To support service users in developing a socially valued lifestyle which includes a varied range of culturally and age appropriate experiences, building on the strengths, interests and aspirations of the service user. To enable people to access social, leisure, work and educational opportunities.
13. To enable service users to access developmental opportunities, new experiences and challenges, whilst not being exposed to unacceptable risks.
14. To assist service users in the administration and monitoring of prescribed medication in accordance with the Scheme's Medication Policy.
15. To observe and monitor the service users' emotional and physical well being and to inform relevant staff and agencies of any concerns or significant changes in their needs, behaviour and circumstances.
16. To take appropriate action in the event of unforeseen emergencies, ensuring that the Project Manager and the DPM is informed promptly.
17. To follow Health and Safety guidelines carefully and to alert the Project Manager immediately of any concerns in relation to Health and Safety issues.
18. To contribute to project records and individual case files.
19. To carry out and record all financial transactions involving service users within agency guidelines.
20. To carry out general administrative duties, housing management tasks and services as required.
21. To contribute to person-centred reviews, through the provision of verbal and written reports and by attending Support Planning meetings.
22. All employees should be aware that due to the nature of work Creative Support undertakes there is a requirement to support service users with daily living skills and individual activities which will include moving and handling and may involve supporting people with personal care needs

Other

23. To notify Line Manager of planned whereabouts and to submit accurate timesheets weekly.
24. To provide regular verbal and written reports to colleagues.
25. To accept support, supervision and guidance from senior colleagues.
26. To carry out all work in a manner consistent with the aims of the project and the service principles adopted by Creative Support.
27. To comply with and to implement the Equal Opportunities Policy.

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- 28.** To maintain confidentiality at all times, in accordance with the agreed policy.
- 29.** To undertake specific specialised training identified to enhance on team expertise, of working with people with complex needs.
- 30.** To identify training needs in discussion with Line Manager and to attend training events and courses as required.
- 31.** To observe any written policies, procedures and guidelines for good practice agreed by Creative Support.
- 32.** To take on the role of shift co-ordinator when required.
- 33.** Any other duties as required.

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PERSON SPECIFICATION – RELIEF SUPPORT WORKER

Telford Mental Health Service

	QUALITIES REQUIRED	How Assessed	Essential or Desirable?
1	Relevant experience of providing care or support.	Application	Essential
2	Ability to demonstrate a warm, person centred and affirmative approach to people with mental health needs.	Interview	Essential
3	Good verbal communication skills and ability to listen sensitively to others.	Interview	Essential
4	Ability to demonstrate basic insight and understanding into the needs of people with mental health needs.	Interview	Essential
5	Written communication skills, sufficient to contribute to a record keeping system.	Application & Interview	Essential
6	Ability to work constructively and co-operatively as part of a team.	Interview	Essential
7	Ability to work safely and responsibly without direct supervision in service user's own homes.	Interview	Essential
8	Ability to demonstrate initiative, self-motivation and resourcefulness.	Interview	Essential
9	Ability to liaise in a professional manner with other agencies and to work in a positive way with the families and friends of service users.	Interview	Essential
10	Understanding of the person centred aims and principles of Creative Support and ability to put these into practice.	Application & Interview	Essential
11	Ability to demonstrate respect for difference and diversity.	Application & Interview	Essential
12	Ability to provide emotional and practical support to service users.	Application & Interview	Essential
13	A non-judgmental, accepting approach to working with people who may be challenging and the ability to cope in a mature way .	Application & Interview	Essential
14	Ability to work in a calm, patient and tolerant manner at a pace appropriate to the needs of the individual.	Interview	Essential
15	Ability to enable people to enjoy developmental opportunities without being exposed to unacceptable risks.	Interview	Essential
16	Experience of providing care, support or other services to people with support needs, in particular people with mental health needs.	Application & Interview	Desirable
17	Life experience and confidence in relating to people from a wide variety of backgrounds.	Application & Interview	Essential
18	Possession of NVQ or other relevant social care qualification.	Application Form	Desirable
19	Willingness to work flexible hours according to needs of agency and service users.	Interview	Essential
20	Willing to accept feedback and guidance and to be accountable to colleagues and managers and to attend training courses and events.	Interview	Essential
21	To have a clean driving licence and access to a car.	Application Form	Desirable
22	Ability to support service users with their physical health needs, this may include pushing wheelchairs and using hoists, for which a degree of physical fitness will be required.	Application, Pre-Emps & Interview	Essential

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TERMS AND CONDITIONS – RELIEF SUPPORT WORKER

Telford Mental Health Service

Salary:

£12.30 per hour plus accrued holiday credit

Hours of Work:

Zero hour basis.

Bank Holidays:

An enhancement is paid for working at Christmas and New Year. We do not pay enhancements for working evenings, weekends or any other public holiday.

DBS Checks:

Employment will be subject to enhanced Disclosure and Barring Service and ISA checks.

Confidentiality:

All Creative Support employees must maintain confidentiality at all times, in accordance with the agreed policy. Any breach of confidentiality may lead to dismissal without notice. Guidance on standards expected can be found in the Employee Code of Conduct.

Probationary Period:

The first four months will constitute a probationary period. When this is successfully completed, employment will be confirmed.

Staff WeCare Awards:

Recognising dedicated staff across the organisation with standard, silver and gold awards given out every 2 months.

Holidays:

Accrued as per the hours worked.

Hospital Saturday Fund:

All employees have access to a special scheme which enables membership of the Hospital Saturday Fund on preferential rates. There are a choice of packages offering different levels of service. Membership is entirely voluntary.

Networks:

The EDI Network and the LGBTQ+ Network are available to all our employees. The EDI Network advocates for our staff of colour whilst providing support and resources for employees who may face challenges related to diversity and inclusion. The LGBTQ+ Network promotes visibility and representation of LGBTQ+ individuals within the company.

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