## Poetry Group Volunteer

# Longsight Mental Health Service 

Closing Date: 01 March 2024

Thank you for your interest in the above role, please find a role overview, the specific volunteer role requirements and information about the type of support and benefits we can provide detailed in this document.

Please return your completed application form to Creative Support, Business Development Team, Head Office, Wellington House, 131 Wellington Road South, Stockport, SK1 3TS.

## Once you've submitted your application form:

- Once we have received your application form we will contact you to arrange a volunteer interview with the volunteer supervisor at the service you've applied to.
- The interview will determine whether the role is right for you. If it's not we might suggest alternative roles or signpost you to other voluntary organisations or opportunities.
- After the interview you'll be asked to complete some pre-placement questionnaires. This is to ensure we can provide the level of support you need and ensures we can make adjustments where necessary.
- As part of the application form we ask for two references, we will send off a reference request form to each of your referees after your interview.
- You will also be asked to complete a DBS form and provide identity documents (e.g. a passport). If you have a criminal record we advise you to disclose either during the interview or as part of the pre placement process. A criminal record does not necessarily stop you from volunteering; it is assessed on a case-by-case basis
- Once we have received all of your documents, references and your DBS certificate write to you to confirm your placement with us and a local member of staff will contact you to arrange an induction.

Please note: at times due to how busy our services are, it might take a few weeks before we can arrange a volunteer interview.
Creative Support is committed to equal opportunities; we welcome applications from people from all backgrounds including current and ex-service users.

If you'd like to discuss volunteering with us, the role you're applying for or you application form you can contact our Volunteer Department on 01612360829 or email
volunteer@creativesupport.co.uk.

## All candidates are subjected to enhanced DBS checks

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## ROLE DESCRIPTION - POETRY GROUP VOLUNTEER

 Longsight Mental Health ServiceResponsible to: Mary Carter and Joe Reynolds

## Suggested Time Commitment: 1 afternoon/morning per week (2-4 hours)

Purpose of the role:

We are setting up a poetry group here at Birch Lane and are looking for a volunteer to help facilitate the group. Your volunteer role will include promoting the group to residents and encouraging attendance. Helping to set up the room for the session including moving tables and chairs if necessary. Set up any equipment for the group, searching poetry websites and printing out copies of the poem, and connecting to speakers to play audiobooks, being comfortable with IT equipment and navigating the internet would be a plus for this role. You will also make refreshments and tidy away at the end of the session.

During the session you will read the poems to the group and start the discussion afterwards with a couple of questions prepared to get people talking. You will need to be comfortable reading aloud to a group of people and as a poetry group facilitator you will be skilled in steering the discussion and keeping the conversation on topic and flowing. You will have a love of poetry and an interest in sharing this with group members. The group will run collaboratively and you will choose the poems for the sessions together, and encourage group members to read the poems aloud if they feel comfortable to do so.

## Volunteer duties:

- Promote the poetry group to residents.
- Choose poems for the group in collaboration with residents.
- Read the poems aloud to the group and lead the discussion afterwards, with a couple of discussion starter questions prepared.
- Be comfortable using IT equipment including searching website, navigating apps, printing, and connecting to speakers.
- Set up equipment for the session, and move tables and chairs if necessary.
- Prepare refreshments for the group.
- Display a friendly demeanour whilst respecting Creative Support policies on boundaries and Safeguarding.
- Report any concerns to Creative Support staff members
- Attend regular supervisions and undertake all training provided.

|  | QUALITIES REQUIRED | Essential or <br> Desirable? |
| :--- | :--- | :--- |
| $\mathbf{1}$ | Ability to follow written and verbal instructions | Essential |
| $\mathbf{2}$ | Good communication skills | Essential |
| $\mathbf{3}$ | Punctual and reliable | Essential |
| $\mathbf{4}$ | Previous experience of working with / knowledge of supporting adults <br> with support needs | Desirable |

## Our Commitment to Volunteers

Volunteering is a two-way process, and as part of that process Creative Support is committed to providing you with a range of meaningful opportunities in safe and inclusive environments that enable you to personally develop. We've laid out our commitment to volunteers below:

## A Formal Induction:

As a volunteer you will receive a formal induction when you start your placement with us. This induction will be carried out by your Volunteer Supervisor and will provide an opportunity for you to learn more about your role, the service you'll be volunteering at and the people you will be volunteering with. During the induction we'll also discuss key policies and procedures with you (e.g. our volunteer policy) and give you a copy of your Volunteer Handbook.

## Regular Support and Supervision:

We recognise that regular volunteer supervision sessions are vital to ensuring you can carry out your role safely and effectively. Your Volunteer Supervisor, or another senior member of staff will meet with you regularly to discuss your role, training opportunities and to look at ways we can support your personal development within your role. Your supervision sessions also provide an opportunity for you to raise any concerns you might have.

Supervisions are carried out on a one-to-one basis, as part of a group or over the phone depending on the nature of your role and your personal preferences. You can request a volunteer supervision session at any time; just speak to your Volunteer Supervisor.

## Access to Training:

Creative Support is an 'Investors in People' organisation with a comprehensive training programme that is designed to equip our staff and volunteers with the right skills to provide truly person-centred support services. As a volunteer you will have access to relevant training courses and opportunities (e.g. workshops) that will enable you to carry out your role effectively.

As a volunteer you have to complete the following courses:

- Safeguarding Adults and Children at Risk
- Moving and Handling

You will also be able to attend additional training courses that are relevant to your role. Creative Support runs a number of classroom-based courses, but we also provide training through an elearning portal which means you can access training from home at a time that suits you.

## Flexibility and Role Development Opportunities:

We recognise that as a volunteer you're giving your free time to support our services and clients. We can offer flexibility within your role, meaning that specific time commitments that suit you can be agreed with your Volunteer Supervisor.

We also want you to develop personally during your time with us, that's why we're committed to providing opportunities for you to develop your role with us - we have a number of volunteer roles across our services and as a volunteer you'll be able to change roles or further develop your role to enable you to build new skills, try new things and meet new people. This will be discussed with you during your supervision sessions and as part of your annual appraisal and development review.

## Reimbursement of Travel Expenses:

As a volunteer, you can get your travel expenses of up to $£ 5.00$ reimbursed. We will always try to reimburse this on the day. This might include the reimbursement of a bus ticket, a portion of a monthly travel card or millage if you drive to the service you're volunteering at.

## Recognition:

Our volunteers play an integral role in providing our support services and making our clients' aspirations a reality; we are committed to recognising and celebrating their contribution. Creative Support publishes a monthly V-bulletin and newsletter, celebrating the great work our volunteers do and we also hold local celebration events (e.g. coffee mornings) so our volunteers can get together to socialise.

We can also provide references for volunteers once they've been with us for six months.

## Opportunities to Feedback:

Our volunteer programme is constantly evolving based on the essential feedback we get from our volunteers. We send out an annual feedback survey in December and our as a volunteer you'll be asked to complete a Leavers Questionnaire when you leave us. This provides you with an opportunity to tell us what we did well and in what areas we can improve.

You can also feedback about your experiences by contacting our Volunteer Team on 01612360829 or by emailing: volunteer@creativesupport.co.uk.

## Disclosure and Barring Service:

A number of volunteer roles with Creative Support require applicants to undergo a DBS check; this is free for volunteers. A criminal record does not necessarily bar an applicant from volunteering with us; each application will be considered individually. This might include inviting prospective volunteers in for a meeting with a representative from our Human Resources Department to discuss the criminal convictions.

If we decide that we can't offer you a volunteer placement we will always let you know and we'll signpost you on to other local opportunities.

Please contact the marketing team if you would like to access this document in different formats large print, Braille, audio, easy-read, and other languages are all available. Ring 01612360829 or email marketing@creativesupport.co.uk.

