



CREATIVE LIFE

2023
ISSUE 39



Festival fun at Pride

CELEBRATIONS ISSUE



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Would you like to appear in this magazine? Email: marketing@creativesupport.co.uk and send in your story!

Hello from Anna



Hello and welcome to issue 39 of Creative Life!

A very warm welcome to this issue of Creative Life. Inside you can enjoy reading stories around our theme of 'Celebrations', following the fantastic summer we've had where services across the country held their own 'Festival Fiestas'.

You can read about fiestas held in the North East, Alcester, Blackburn, Bury and Leeds, and see all of our amazing photos from the Manchester Pride parade. On page 6 you can read about Charlotte in Rugby, who used her 'My Fiesta' funding to attend the Godiva Festival in Coventry.

Thank you so much to all of our wonderful contributors who have shared their inspiring stories of achievement and success, including Katy in the North East who recently passed her university course, Ryan in Grimsby who flew on a plane for the first time, and Michael in London who has a newly furnished home.

Thank you to everyone who took part in our editorial group to shape this issue of Creative Life. Without further ado, here is a word from our contributors!

Anna Lunts, Chief Executive

A Word From Our Contributors



Jason Bray:

"I'm really happy to be in this issue of Creative Life and I hope everyone enjoys reading my article about what it's like being a Peer Support Worker."



Ryan Reynolds:

"I'm really excited to be in Creative Life magazine and I hope my story inspires people to do what they want to do."



Adam Clarke:

"I love being part of anything to do with Creative Support, and I look forward to reading this issue of the magazine!"



Rebekah Salisbury:

"I love writing and learning about new things. Being a Creative Life contributor is very rewarding, as it allows me to combine these two loves and also share my passion with others!"



We would love to hear what you think of this issue!
If you'd like to get in touch, please email: marketing@creativesupport.co.uk

YOUR GOOD NEWS STORIES

Let's take a look at some of the lovely things that are happening in our services all across the country. We love seeing what everyone gets up to, so if you have a good news story you'd like to share, send it to communications@creativesupport.co.uk and you could feature in the next Creative Life!



Knitting Queen in Middlesbrough

Yvonne in Middlesbrough knits these beautiful handmade dolls and donates them to local charity shops. "It's an amazing feeling seeing how grateful everyone is for my donations and knowing how much I am helping with my hard work," she said. The shops now give Yvonne wool to make her creations, and she is so happy with how everyone appreciates her kindness to help people who are struggling. Well done Yvonne, you should be so proud of all the hard work you are doing!



Green Fingers in Barrow

Stephen from Central Drive has been busy using his Gardening Grant to grow some super tasty produce! Stephen and staff member Vicci have been in full green finger mode, and have produced lettuce, tomatoes, carrots and beetroot. Stephen enjoys using the nutritious homegrown veg in his salads at lunchtime, and he can't wait to use the tomatoes they're currently growing. Stephen has loved growing all of his plants and has learned so much looking after them!

Oh Deer in Leicester

At Brookfields, Support Worker John noticed two adorable deer in the garden appear one day - a mother and baby! "When I told all the residents about the deer they didn't believe me," he said. "Over the next two weeks we saw them early in the morning and late at night before sun set. Slowly all the residents caught sight of the deer and made an effort to keep an eye on them. The baby was soon named Bambi." Adorable!



Llama Magic in Grimsby

Park Street in Grimsby visited Humber Llama farm, where everyone had so much fun hanging out with llamas for the day! Ran by a specialist learning disability nurse, the farm lets people pet and groom the llamas, and walk them around Humber Wood. Supported by Chrissy and Lisa, everyone had an hour and a half of non-stop fun with the llamas. "It was a great day," said Chrissy. "Everyone was so gentle with the llamas, and it was funny walking around Humber woods as it's open to the public." What a fun experience, you can really see the joy on everyone's faces!



From London to Paris

Alan from Regency Court has hit his target of walking the same distance as from London to Paris on his pedometer app. Rain or shine, Alan has been walking every single day to meet his target of 213 miles. His next goal is walking the distance between Boston to Philadelphia, with only 129.4 miles left to go. Keep walking Alan!



Fancy Dress Champion in Tameside

Angela, Gerlandine and Mandy from 188 Town Lane all went to The Bond Hotel in Blackpool recently for a holiday. On the last night they all entered a fancy dress competition, and Geraldine won with her amazing mermaid costume! Geraldine won a free weekend stay at the hotel in November, and Angela came runner-up with her Agnes Brown costume. Mandy looked fabulous in her Cruella De Vil get-up. "We think all the ladies looked brilliant!" said staff members.

Have you got an interesting story, some exciting news or a photo of something that you're really proud of?

We want to hear about it!

We can share your story on our website, social media, or maybe even feature you in the next issue of Creative Life!

Keep up to date with our good news by following us [@crtvspprt](https://www.instagram.com/crtvspprt)



CHARLOTTE'S GODIVA GRANT WISH

Charlotte in Warwickshire was one of the lucky recipients of our 'My Fiesta Grant', receiving up to £100 to attend a festival of her choice. She used it to attend the Godiva Festival in Coventry at the end of June! She had a wonderful time, which you can read all about below:

"Firstly I would like to say a big thank you for awarding me the grant- I had the best day ever! I was able to see the famous dance group Diversity and Mel C from the Spice Girls perform on the main stage.

"I wanted to go to the Godiva festival because I hadn't been for 11 years. When the grant became available, I decided to apply and see what would happen. My application ended up being successful which meant I was able to go again! I really enjoyed the live music and visiting all the stalls and different stages."

"The local radio station, BBC Coventry and Warwickshire, was there too with their own stage. I got to see some local singers and meet some of the radio presenters. I even got interviewed on the radio station where

they asked me where I was from and what I was enjoying about the festival. I made sure to say a big thank you to Creative Support for giving me the opportunity to attend the festival!"

A huge thank you and congratulations to Charlotte for receiving the grant and for writing about her festival experience in this issue.

Don't forget, you can think about your dream festival and plan out a trip to an established festival in this year's Journal on page 17-18. We're coming to the end of 2023, so don't forget that if you complete your journal and send us photos to communications@creativesupport.co.uk you could be in with the chance of winning a £10 Love2Shop voucher!



Charlotte (right) and her mum Jo enjoying the sounds of the festival.





Service User Feature

Local Green Space

Rebekah Salisbury, who we support in Dudley, is a regular contributor to Creative Life. In this issue, she looks at getting out of the house to enjoy late summer days and local green spaces.

If you need a break away from festivals and celebrations, then look no further than your local green space.

Your local area will have lovely parks, walks, and opportunities to enjoy nature as we enter autumn. They're all great to escape into and explore for some much needed wind down time.

If you find it difficult to motivate yourself to get out of the house as the days get darker, why not use your phone or camera to take photographs of things that peak your interest along the way? The beautiful wildlife that is present this season is always a good subject to use, as well as the flowers and colours that show up this time of year!

Laying down on the grass with a blanket while looking up at the sky, taking photographs of the different cloud formations and shapes is another amazing opportunity to enjoy your local green space! You can even sit there trying to name these shapes and spend some time doing mindfulness and meditation in the peacefulness of nature.

If you are more of an 'on-the-go' person who likes to be productive, how about taking some paper and pencils to sit down at a bench and draw from inspiration that is around you? Dogs, people, foliage; the world is your oyster!

As well as getting out of the house to get some fresh air, this is a really good way to boost your mood and mental health. Being in nature and seeing others in such a positive space can really help boost your mood and your mental health. You may even connect with others you meet on the way and make new friends!

If you visit your local council website, they usually provide resources to find local parks, leisure facilities and advice on wellbeing too, along with how to get there and public transport access.

Why not explore and look around some new areas that are not so well known? Make it your own place to relax and spend time with yourself to reflect. Just remember to have fun, and stay safe!

By Rebekah Salisbury from the Yardley Hub, Birmingham.



Service User Feature

Achieving your goal is a quick way to happiness

Katy Taylor, who we support in the North East and a regular contributor to Creative Life, returned to education, worked hard, enjoyed learning and thrived.

In September last year, I began a course through Northumbria University, in which I study English Literature and Creative Writing. Throughout the year, I gained vast amounts of knowledge and understanding which has improved my writing skills by a substantial amount. I look forward to the future of my course and how it will benefit both my reading and writing skills.

If I was to suffer from stress and anxiety, the staff who support me would offer great understanding and insightfulness into promoting the best environment to help complete my first year. One example was offering an ear to hear myself narrate my writing, so that I fully understood what my message was.

At the end of the year, I had a test to use my skills when it came to breaking down poetry. I personally have mixed feelings about tests. However, I'm delighted to say that I passed all my first year with a pass/merit.

I am very happy with the result and excited for the future.

As a student I have come so far in my journey.

During school years I suffered from poor grades. However, when I got to college my love and passion for learning really thrived. After completing my course, I walked away with a foundation degree and a merit within the Games Development course, which I studied for four years.

"Always be yourself, express yourself, have faith in yourself, do not go out and look for a successful personality and duplicate it."
- Bruce Lee

From these great words spoken by a martial art legend, being yourself and believing in yourself is a great way to help promote confidence when it comes to learning.

Throughout my course I found that dealing with stress was a mix of emotions. I would often meditate and talk to the staff about anything that was plaguing my mind at the time. Going out for walks with the staff helped clear my mind in a great way. Believing in yourself is the key to success.

By Katy Taylor from Knavesmire House, Tyneside.



"It is always a blessing to wake up in Whitley Bay when you're greeted with this view."
Photograph and quote by Katy Taylor.

THE BE YOU NOT THEM MUSIC FESTIVAL



ADAM'S FAVOURITE PLACE

Adam Clarke from Railway Street, Todmorden has spoken to us about his favourite haunt – Rochdale in Greater Manchester.



Smiling faces at this year's Be You Not Them Festival!

In July, over 100 service users and staff came to the **Be You Not Them Music Festival** at the Creative Together Centre in Manchester. Anna Hill, Co-production Centre Development Worker, told us how the weekend went.

Our resident DJ kicked things off with classic tunes from the 80s, 90s and 00s. Electronic beats filled the air as people made their way to the food and drink zone, where they enjoyed homemade vegetable curry, beef chilli and tomato pasta, all made collectively with our members.

Singalongs, solos and performances from our Creative Together Eurovision winners followed, with service users and staff all getting the chance to show off their singing and dancing talents.

The energy levels remained high throughout Saturday and well into Sunday, when the weather held off for a BBQ hosted in our Courtyard Garden!

As the event drew to a close, the merch stand became a popular hangout with people purchasing unique cushions and t-shirts all made collaboratively from our members' own designs.

Helen from Coltishall House in Stockport attended on Saturday, and it was her first ever

music festival. "We did the hokey cokey and I got a medal!" said Helen. "There was food and music inside, and I went with my friend Sarah. It was my first ever festival and it was great."

Summing it up, members said:

"I feel proud that I've contributed to something important."

"My confidence grew as I met new people."

"Seeing my designs on a t-shirt made me feel famous!"

"Everyone was in the moment, being themselves."

We're already looking ahead to next year, so let us know if you have any ideas for how we can make our next big event the best yet!

Visit our web page at: creativesupport.co.uk/creative-together



The Jam Band got the party started with some fun covers and self-penned songs.

"Hi, my name is Adam and my favourite place is Rochdale because I was born there. There's lots of things to do. I like to go during my 1-1 support, and I go probably about 10 or 11 times a year. It's not far from me."

"I've been Adam's support worker for about eight and a half years. Every week Adam chooses where we go on a Friday, and he likes going to Rochdale. The train takes about 15 minutes from us," said Greg, Adam's keyworker.

Rochdale Town Hall

"I like the Town Hall because I like to see what's on there. Sadly it's been closed for the last two years as they've been doing work on it. It should be opening again next year so I'm looking forward to going back. I've been on The Town Hall tour about eight times!"

Reel Cinema

"There's a new cinema now in Rochdale. It used to be about two miles away, but they opened one in the centre. I went to go see Despicable Me there."

Touchstones Art Gallery

"In the gallery they have paintings from local artists. I like the café inside. I've been a few times before with my mum."

"It's a very cool building," said Greg. "It's about 200 years old with glass windows and beautiful wooden staircases."

What makes me laugh about Adam since I've known him is that I'll ask if he's been somewhere before and he says no. Then, when we walk in within two seconds all the staff say 'Hi, Adam!' He's a bit of a legend around Rochdale."

Thanks for sharing your favourite place with us Adam! We hope you and Greg have many more adventures in Rochdale.

Do you have a favourite place? Let us know by getting in touch with communications@creativesupport.co.uk



Outside Adam's favourite building Rochdale Town Hall.



Adam next to the mural his mum painted of him in Rochdale.



CREATIVE SUPPORT AT MANCHESTER PRIDE 2023

On Saturday 26th August we proudly marched in the Manchester Pride parade. This was our fourth year taking part in the parade, and what a day it was!

We had 26 fabulous service users and staff from Staffordshire, Tameside, Salford, Leeds, Knowsley and Stockport join us on our vintage open top bus. The theme for this year's march was "Queerly Beloved", celebrating 10 years of marriage equality, and we had some amazing artwork by Stuart in Manchester to display in the windows of our bus.

"I enjoyed it and I liked being on the bus. I liked all the colours." – Alison, Staffordshire



"I've gone to a lot of Prides before. I really enjoyed this year's parade and loved being on the bus." – Caine, Tameside



"It was absolutely amazing and I met two celebrities, one from Coronation Street and one from Benidorm, this was my favourite part. I really enjoyed the parade too." – Ian, Salford



Photography by the fantastic Lois White, our talented Social Value Officer at Head Office.

FESTIVAL FIESTAS SUMMER 2023



Festival Fiesta in the North East

The North East received our 'Grand Fiesta' funding to hold their Spanish-themed party on 11th July, hiring a venue complete with an outdoor stage, tent and sports field.

Throughout the afternoon we were treated to performances from familiar faces, including all the fantastic entrants for Creative Together's Eurovision Song Contest! First up we had the winners, Gary with 'Bohemian Rhapsody' and Anne-Marie with 'Let it Go.'

After a bit of drizzle, everyone headed to the field to watch the Sombrero Relay Race, with both tenants and staff from across the North East services.

It was certainly a spectacle watching everyone try and run in high winds wearing a sombrero – half the task was keeping it on your head!

After a wonderful afternoon of games, performances, dancing and laughter, it was time to end the day with a good old-fashioned disco as everyone said goodbye.

Spanish Sunshine in Bury

Two services joined together to bring the summer vibes to Bury in Greater Manchester with their Spanish-themed festival! The rain didn't dampen their spirits as everyone got outside for a boogie under the gazebo, enjoying tunes spun by the great Cecil G of Moods Radio Station.

There was plenty of delicious barbecue food, prepared indoors by staff who were non-stop cooking to keep the burgers and hot dogs coming! First on the dancefloor was Tom, donned in his poncho, sombrero and maracas, partying away to authentic Spanish music. Later, everyone joined together to perform the party classic- the Macarena!

"These activities are great for morale, just having a bit of fun and all hanging out together," said Support Worker Amanda.



There's No Party Like a Grove Place Party!

Grove Place in Alcester received our 'Get Together' Festival Fiesta funding to create 'Festability'. On 16th August, over 100 service users, staff, family and friends came together to enjoy an action-packed day of musical talent and activities!

Held in the garden of their local pub, there was plenty of space for dancing, performances, selfie walls, and even glitter and hair braiding stations.

The service was also celebrating their five year anniversary, so with a big '5' balloon it served as a joint birthday party, complete with the sign "There's no party like a Grove Place party!"

Hosting the day and playing only the best party tunes, the fantastic DJ called everyone to a dance-off to win a month's membership at a local gym. With bops like the Macarena and the Cha-Cha Slide, there were some very impressive dance moves. Congratulations to Daniella who took home the prize.

"I was absolutely gobsmacked when I won!" she said.

There were so many great musical performances throughout the day, including local musicians, rock bands, and Joe Maskell, who is a previous tenant at Grove Place. In the past he has sung in front of the likes of Andrew Lloyd Webber, and today he was an absolute star. Everyone came together to support Joe and it was a truly wonderful moment.

"We would just like to say a massive thank you to all the bands and everyone who has kindly volunteered their time to help us today," said Leah, Support Worker. "Without you this would have just been a dream of ours, and you made it a reality."

There truly is no party like a Grove Place party!



Hands in the air!



Joe singing his heart out.



Pat serenading everyone.

FESTIVAL FIESTAS SUMMER 2023

We Care 2 Party in Leeds

Hall Lane celebrated the values of We Care at their Get Together Festival! They held their celebration in their spacious garden area, with gazebos, handmade bunting, arts and crafts table, barbecue food and homemade soft drinks bar, along with a DJ to keep everyone on their feet.

A kind local business also donated benches which helped give everyone a rest after dancing their socks off!

They were joined by friends from nearby services, including the Creativities Café day service.



Luke and his homemade juice bar.



With the help of DJ Chris, everyone enjoyed a round of karaoke, with Tracey entertaining everyone with a number of hits. Luke, one of the tenants, is a pub merchandise collector and set up a soft drinks bar complete with beer mats, an ice bucket, cocktail umbrellas and fizzy drinks. He even made his own bar signs and bunting using photos cut from shopping bags- how creative! "I had lots of colourful bunting and balloons left over from our Pride celebration so we put those up too," said Luke.



DJ Chris spinning the tunes.



Everyone enjoying the food and the sunny weather!



Prom Night in Blackburn

Kings and Queens from 11 services across Blackburn came together to celebrate prom-style with their Festival Fiesta! Taking place in the splendid 4-star Astley Bank Hotel, around 75 service users, staff, and family members walked the red carpet into the venue, with everyone dressed in their suited and booted best.

"Many people have their prom, so why can't we too?" said Charlie, who organised the shindig. "We told the hotel about the idea for the event and what we're trying to do, and they kindly gave us the room for free."

It wasn't long until the delicious buffet was served, with finger sandwiches, vol-au-vents and canapés - how fancy! After everyone was well-fed, the DJ got everyone up on the dance floor for a boogie. William, one of the service users, was so excited to get up and dance to S-Club 7, saying: "I love S-Club 7, I've seen them three times in concert and I'm going again in October!"

It was such a wonderful evening, and everyone ended the night with a group photo to make the memory last forever.



Everyone say 'party-time!'



Prom queen Anjalie Sharma



Charlie crowning Prom King Anthony Mawdsley



Dancing the day away!

AT HOME WITH MICHAEL

Michael in London has started a new chapter in his life thanks to the incredible support from Wendy, Beverley and Irene. He was supported to move on from hospital and into a fully-furnished flat, helping him find stability and a positive path forwards.

"I moved into Sutherland Court in March 2023 so it's still all quite fresh," said Michael. "I love to talk and mix and mingle, because in India I used to be a teacher and I taught spoken English to help people express themselves fluently. My mother was a teacher too, and she encouraged me to be brave. I learned all of her tips and tricks and take them with me throughout life."

"Earlier this year I became unwell and was admitted to hospital. Afterwards I was discharged into a step-down service for seven weeks. I didn't know where I was going to end up afterwards, but after seven weeks the team found me a place at my new service and there's no turning back!"

"Wendy did everything for me. I appreciate every bit of support she's given me, and she's carried everything out to perfection. My flat was unfurnished, so Wendy and the team took it upon themselves to find me some furniture including a TV, a sofa, a chair and two tables, along with a side table and dining room table too- the dining room chairs came a bit later! I hugely appreciate everything she's done for me, she's like my guardian angel. Wendy, Beverley and Irene all helped me get sorted and ready to start a new chapter in my life.

"So far I don't have any set goals or visions for the future, but I'm embracing every opportunity that may come my way. Everything works out in the end, especially with great support around you."



Wendy and Michael at Sutherland Court.



Michael relaxing in his new flat.

RYAN'S DISNEY DREAM



Ryan Reynolds in Grimsby has always dreamed about going to Disneyland, and this year his dream came true! With the support of his key worker Sarah, he went on a magical three-day holiday to Disneyland Paris.

Ryan's dream has always been to travel to Disneyland, as he's a huge Disney fan and can tell you everything about any Disney film.

"I've liked Disney ever since I was a kid, that's how I thought of going there," said Ryan. "I like seeing the characters, I watched the films when I was younger. One of my favourites is Alice in Wonderland."

Ryan and Sarah planned the trip during support sessions and decided that flying would be the fastest option, and as Ryan had never been on a plane before this would be a big achievement.

However, no amount of planning could have prepared them for their plane being cancelled while they were on the way to the airport!

"The first day was very stressful," said Sarah. "Ryan coped really well, I think I was the one

that was a bit frazzled! We were able to log on and get another flight, and by the time we got to the airport we only just made it." Phew! Holidays aren't without a bit of last-minute drama.



Ryan and Sarah spent three days in the park, and enjoyed seeing shows such as The Lion King and Mickey the Magician. He also went on many of the rides and met lots of characters, including queuing for one and a half hours to meet Stitch!

"Ryan did really well with the crowds," said Sarah. "He enjoyed the light show and fireworks. He's filmed many of the rides and parades so he can put a film together of the memories he made, and is also planning a photo wall in his home." Along with photos, Ryan has also kept all of his tickets and passes to go in his memory book.

"This was a much anticipated trip that Ryan had wanted for years, and never believed he would achieve," said Michelle, Project Manager. "Going on this trip has given Ryan so much more confidence than he knew he had."

Thinking about the future, Ryan said: "I would like to go to all the Disneyland parks, like the other ones in America."

This is a great first step, and who knows – a dream is a wish your heart makes!



Ryan, Pluto and Sarah posing for the camera.

JASON'S SUPER JOB

Jason Bray at Whinside in Lancashire is a Peer Support Worker in his community, and he absolutely loves his job. He spoke to us about what he loves about his role, and the benefits he's felt since starting.

"My name's Jason and Creative Support have been supporting me for 18 years. I love to watch the football, especially Accrington Stanley, and going into town on my own to do banking. I also like to go and see my friends in town, or go out with the dogs. I've just started a new activity, and every other Friday I play football as the goal keeper."

"I got started as a Peer Support Worker two years ago. My psychologist asked if I wanted to get a job, and they said that there's a vacancy at my local mental health support service. Staff supported me to do the application form, and I was invited to interview.



Jason and his Fire Safety Training certificate.

I passed it, then sorted my DBS, and haven't looked back since! I love being a Peer Support Worker, and it's really helped boost my self-confidence. Since taking on this role my confidence has gone through the roof and I'm happy to take on additional challenges such as going on holiday. Over the past couple of years, I've spent a few days in Blackpool and attended social events such as Christmas, a picnic in the park and theatre shows. I really enjoy my life – it's really good."

"One of the things I really like about being a Peer Support Worker is spending time with my colleagues."

"As a Peer Support Worker, I talk to people on the computer and create a magazine every season. I also go out sometimes on visits and help people in the community through the NHS. I support other people with learning disabilities and talk about what it's like to be a service user and live in supported living so it's really successful. I have no plans to leave, at least not until I retire in 17 years! I want to train someone to take my place before I go though. I currently work one day a week with the aim for me going up to two days in the future."

"One of the things I really like about being a Peer Support Worker is spending time with my colleagues. We have a good social life, and when it's people's birthdays we have a party. When it was my birthday they brought in a birthday cake!"

"If anyone else is thinking about becoming a Peer Support Worker, I'd say go for it."

"Enjoy your job, keep smiling, and concentrate on what you're doing and don't get stressed. Don't get anxious – just do what needs doing and carry on."

GARDENING GANG

The folks at Froom Street all have green thumbs, especially Jimmy and Jason. Their passion for transforming their garden has made it the place to be! They've told us what they like to grow and how happy gardening makes them.

"I've been at Froom Street for 13 months, and gardened at my old service too," said Jason. "I like being at Froom Street, the garden is nice and tidy. I love gardening and I love growing everything! Gardening is one of my favourite things to do."

"I started gardening when I was younger, and I've still got lots of gardening ahead. I used to watch gardening TV shows when I was younger and wanted to do it too. I don't mind gardening in the rain or the sunshine, and appreciate seeing things grow. I also have gardening gloves, clogs, a jumper, and a green coat I wear when gardening. I like to have a cup of coffee while I garden and listen to records when I'm outside too."

"I like to grow plants, flowers and vegetables. We've grown peppers and other things, and we make a meal out of everything we grow. We have lots of plans for the garden and I like to do it with the other tenants as everyone helps out. My favourite thing to grow is fruit and vegetables because we get to eat them afterwards, but you have to wash them first!"

"I love to garden with everyone, some of the staff like to garden too so we all do it together," said Jimmy. "We have an apple and damson tree, so when they fall I like to hand them out to passers-by. We usually get so many that we put a basket of fruit on the wall for people to take for free. Gardening makes me happy, and it makes others happy too."



Gnome place like home for Jimmy (left) and Jason.

Spot The Difference

There are 10 differences (plus one hard bonus) in these two pictures, grab a pen or pencil and see how many differences you can find! If you find all 11 you could be in with the chance of winning a £10 Love2shop voucher. Send your answers to marketing@creativesupport.co.uk

A



B



Photography by Lois White

Word Search

With Ryan in Grimsby sharing his dream trip to Disneyland Paris, the theme for this issue's word search is all things Disney. Find the movie titles and characters. If you find all the words, take a picture of the page and send it to marketing@creativesupport.co.uk to be in with a chance of winning a voucher!

Disney movies and characters

All the words are hidden vertically, horizontally or diagonally-in both directions. The letters that remain unused form a sentence from left to right.

K W A L T K C A B H C N U H D
 O B M U D I M Y D A L S N C E
 O Y H E R C U L E S C R R T E
 B P M A R T L N A Z R A T I A
 E P F T E N A D S Y D E H T C
 L I A S E A N S I T O B E S I
 G N N A T P I T T U N R L A N
 N O T T I R D A N A O E I L D
 U C A N H E D C A E L H O D E
 J C S O W T A O L B I T N D R
 L H I H W E L T T G V O K U E
 C I A A O P A S A N E R I K L
 S O L C N E V I E I R B N N L
 Y E A O S R S R A P F T G E A
 C O P P E R E A M E R L I N R
 H C R E A L T E I E G O O F Y
 I N G M A I C H A L I C E K E
 P Y M D O U S T E S I B M A B

- ALADDIN
- ALICE
- ATLANTIS
- BAMBI
- BROTHER BEAR
- CHIP
- CINDERELLA
- COPPER
- DALE
- DUMBO
- FANTASIA
- GOOFY
- HERCULES
- HUNCHBACK
- JUNGLE BOOK
- LADY
- LILO
- MERLIN
- MULAN
- OLIVER
- PETER PAN
- PINOCCHIO
- POCAHONTAS
- SLEEPING BEAUTY
- SNOW WHITE
- STITCH
- TARZAN
- THE ARISTOCATS
- THE LION KING
- TOD
- TRAMP

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got festive this Christmas
to be featured in the
next issue.

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FOR A CHANCE TO WIN A GREAT PRIZE!**

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