



# Events & Activities Guide 2021

This year, we will be celebrating diversity within our events, activities and competitions!



**creative**  
**SUPPORT**

**opportunity choice and wellbeing**

Be  
involved  
@creativesupport.co.uk

# Welcome to your 2021 Be Involved Guide!



## Celebrating Diversity

Our 'Be Involved' guide this year is all about our 2021 theme Celebrating Diversity. When we talk about Celebrating Diversity, we mean it in all senses of the word - we want to start conversations about what makes us, us!

We want to support every person to feel able to express themselves freely and to encourage others to do the same. We also aim to bust some myths and gain knowledge along the way, creating a deeper understanding of the variety of people within our Creative Support community.



## Embracing Change

There's no doubt 2020 has made us adapt our ways of working, communicating, celebrating & living. Despite everything we have seen a great deal of positive stories as a result of spending more time at home - discovering new hobbies such as growing veg, developing life skills like cooking and nurturing creativity through writing or painting. **What new things would you like to try this year?**

Contact [marketing@creativesupport.co.uk](mailto:marketing@creativesupport.co.uk) to let us know!

## Creative Support is 30!

We are proud to have been championing and supporting a diverse community of service users for 30 years as of August 2021. To mark this occasion, we will be hosting a series of events and activities that you can get involved in. This will include competitions, sharing stories and offering special funding so services can hold their own celebratory event.

Contact [marketing@creativesupport.co.uk](mailto:marketing@creativesupport.co.uk) to get involved!



## Creativity Competition 2021

Our brand new competition will be launched this year and it is a fine example of the diversity within creativity! From painting and poetry, to performances and pottery, we want you to enter your favourite creations - each month we will be awarding a **Creative Champion** with a Love2shop voucher!



Our Creative Connections  Zoom sessions will continue to run this year!

Visit our website or email [be.involved@creativesupport.co.uk](mailto:be.involved@creativesupport.co.uk) for more information!



View topical photos and videos on our website!



# What's on in 2021



## January



### Celebrating Diversity in 2021

This year, we want to celebrate diversity within our Creative Support community, so each month we will be sharing stories around representation and inclusion.

Watch out for the thumbs up icon for memorable dates that we will be focusing on during the month.

👍 11th-17th Kindness Week

🔗 Celebrating Diversity

## February



### LGBT+ History Month

We will be highlighting the voices of our LGBT+ network, including an 'Ask Me Anything' online event at the end of the month.

### Creative Competition Launch

Submit your favourite creations, from paintings and poems, to performances and pottery, and you could be our Creative Champion and win a Love2shop voucher!

🔗 LGBT+ 👍 9th Safer Internet Day

## March



### Celebrating Black Women

To coincide with International Women's Day, this month's Celebrating Diversity theme is going to focus on women from Black, Asian & Ethnic Minority groups. Our Equality, Diversity and Inclusion (EDI) Network will be helping us to share stories.

👍 7th-13th 'No More' Domestic Violence Week

👍 8th - International Women's Day

🔗 Black, Asian & Ethnic Minorities

## April



### Autism Awareness Month

We will be raising awareness of individuals' experiences and highlighting the fantastic work of our Autism specialist services throughout April.

### 'Bee' Involved

Our Gardening Grant will be opening this year with a key focus of nurturing wildlife and bees!

👍 29th March-4th April Autism Awareness Week

🔗 Autism

## May



### Time to Talk

We will be talking Mental Health with people we support and our specialist services as part of our ongoing Mind Matters campaign. We want to share individual stories from the people we support and their staff to explore how we can increase understanding, knowledge and support.

👍 10th-16th Mental Health Week  
👍 17th-23rd Dementia Action Week

🔗 Mental Health

## June



### Raising Voices for Learning Disability

Sharing stories of the opportunities and the challenges our service users with learning disabilities face. It's also Dysphagia Awareness Month so we will also be raising awareness of swallowing disorders.

### 30th Anniversary Celebration Funding

Stay tuned on how to apply - we can't wait to hear how you're going to celebrate our birthday!

🔗 Learning Disability 👍 21st-27th LD Week

## July



### Dignity in Care

We will be working with our older people's services this month to highlight the value of every person as an individual and how our Dignity in Care campaign can make a difference. Our campaign focuses on listening to others' views, avoiding assumptions about what people can do and respecting people's decisions.

👍 5th-11th Glad to Care Awareness Week

🔗 Older People

## August



### Beginning of 30th Celebrations

This month marks our 30th Anniversary, and the start of our year of celebrations! We have a number of activities and opportunities for you to get involved in - watch out for the video on our website and social media to find out more!

### Pride

Celebrating the LGBT+ community within Creative Support and around the world!

🎉 30 Watch Our Video Online!

## September



### Tell Your Creative Support Story!

Sharing the journeys of some of our long standing members of staff.

### World Alzheimer's Month

Helping to raise awareness and highlight issues faced by people affected by dementia, with funding available to support your project.

👍 10th - World Suicide Prevention Day

🎉 30 Special Edition of Creative Life!

## October



### Black History Month

We will be taking the opportunity to demonstrate and review the progress we have made as part of our Manifesto for Action, to ensure our staff feel safe, valued, recognised and engaged.

👍 10th - World Mental Health Day

🎉 30 Sharing Your 30th Celebrations

## November



### 30th Anniversary Funded Celebrations

We will continue to share updates on what you are up to at your services to celebrate 30 years of Creative Support using our available funding. Send us your photos, videos and messages to help and inspire others!

👍 13th-19th Transgender Awareness Week  
👍 15th-21st Safeguarding Week  
👍 20th - Transgender Day of Remembrance

🎉 30 Sharing Your 30th Celebrations

## December



### Celebrating Your Achievements

December is a great month to look back and appreciate things you have achieved this year. Let us know what you have done to celebrate diversity and our 30th Anniversary!

Send us your photos, videos and words to [marketing@creativesupport.co.uk](mailto:marketing@creativesupport.co.uk)

👍 25th - Christmas!



## Contact Us!



marketing@creativesupport.co.uk



www.creativesupport.co.uk



0161 236 0829



Wellington House, 131 Wellington Road South, Stockport, SK1 3TS

Have you got an interesting story, some exciting news or a photo of something you're really proud of?

**We want to hear about it!**

We could share it on our website, social media, or include you a feature in our Creative Life magazine!



**Follow Us!**



**@crtvspprt**

Our Creative Connections



Zoom sessions will continue to run this year!

Visit our website or email [be.involved@creativesupport.co.uk](mailto:be.involved@creativesupport.co.uk) for more information!