

EXCEPTIONAL
STAFF AWARD

We have set up the new 'Exceptional Staff Awards' to recognise the amazing way employees have reacted to the current Coronavirus response.

Anyone can nominate a Creative Support employee. Each week the winner will receive a £50 voucher and the runner-up a £20 voucher.

[Download a nomination form here](#)

Staff Weekly
Prize Draw

Alongside this we have weekly prize draws for both our permanent and bank staff.

YOU CAN GET
£300!

WHEN YOU
REFER A
FRIEND

If you know a friend, relative or neighbour who you think would make a fantastic Creative Support employee, then refer them through our 'Refer a Friend' scheme and earn £300 in vouchers!

Email referafriend@creativesupport.co.uk for more information

Please keep checking the **Staff Area** of our website for regular updates and useful resources at this time.

Staying Connected

The current situation is making us seek out new ways to stay connected, keep our spirits up and help one another through these unprecedented times. You can get involved in lots of ways – both big and small.

Staying connected to friends and family

Perhaps one of the toughest things about lockdown for many of us is not being able to see our friends or family. This can take a real toll on our mental health, so it's important that we try to stay connected even if we can't physically see people.

This could be by phone, messaging, video calls or social media. Lots of people are finding the current situation difficult, so staying in touch could help them too. If you aren't into technology, pick up a pen and write somebody a letter or postcard, it will be sure way to put a smile on their face.



Doing activities together online

It's also good in these difficult times to have some light relief, talk, laugh, and share experiences. Use technology to get creative.

From virtual pub quizzes to live streaming exercise classes and online book groups. The possibilities are endless, you could set up a games night, coffee and cake catch up or dinner date with friends.



Staying connected at work

If you are unable to see your colleagues or are working different shift patterns it's a good idea to keep in contact. Having regular catch-ups with your team can help people feel connected. It can also be beneficial to create informal group chats, these can be a space to provide moral support to one another and a place for a general chit chat.



Staying connected to your community

Offering to volunteer in your local community can be a great way to help people and make you feel connected to those around you. Lots of local Covid-19 mutual aid groups have been formed across the country to offer practical support for those in self-isolation. They can be a place to share information and organise ways to best support their community. Find your local group on Covid-19 Mutual Aid UK page <https://bit.ly/2SMUx1U>

The demand on food banks has also significantly increased as a result of the Covid-19 crisis. Food banks are reliant on their local communities to volunteer, donate and advocate. Go to The Trussell Trust website to find a food bank near you <https://bit.ly/35CXjfc>

CREATIVE
ACADEMYCreative Academy
Online Training

Creative Academy have taken some of their key training courses online. Starting with the **Creative Academy Induction**, all new employees must complete this on their first day at their service. This consists of an introduction to the employee's service by their manager, a one hour webinar which runs **7 days** a week at **10:30am** with a member of the Creative Academy team and an afternoon dedicated to completing mandatory e-learning on Bridge.

Alongside this, Creative Academy are also holding **First Aid** webinars every **Tuesday** and **Thursday** at **10:00 - 12:00** and **13:00 - 15:00**. Buccal Midazolam webinars are also available on request.

To find out more visit the [Creative Academy website](#). More webinar courses are on their way so watch this space!

