

Apply for a
£30 grant to
help you get
outdoors!

THE GREAT OUTDOORS GRANT

Helping you get into the Great Outdoors!

Spending time outside and introducing nature into your everyday life can **positively effect your wellbeing**; from improving your mood and reducing stress, to increasing your confidence and self-esteem to be more healthy and active.

We hope that our £30 Great Outdoors Grant programme will help fund new outdoorwear to encourage our service users to get active and spend time in the great outdoors.

HOW TO APPLY

You can apply for up to £30 to buy or put towards clothing or equipment for outdoor activities. If you would like to request an application pack, please email internal.grants@creativesupport.co.uk.

In the application please include information on how the grant would benefit you.

Types of items you can apply for



The deadline for
applications is
**Friday 11th March
2022**

