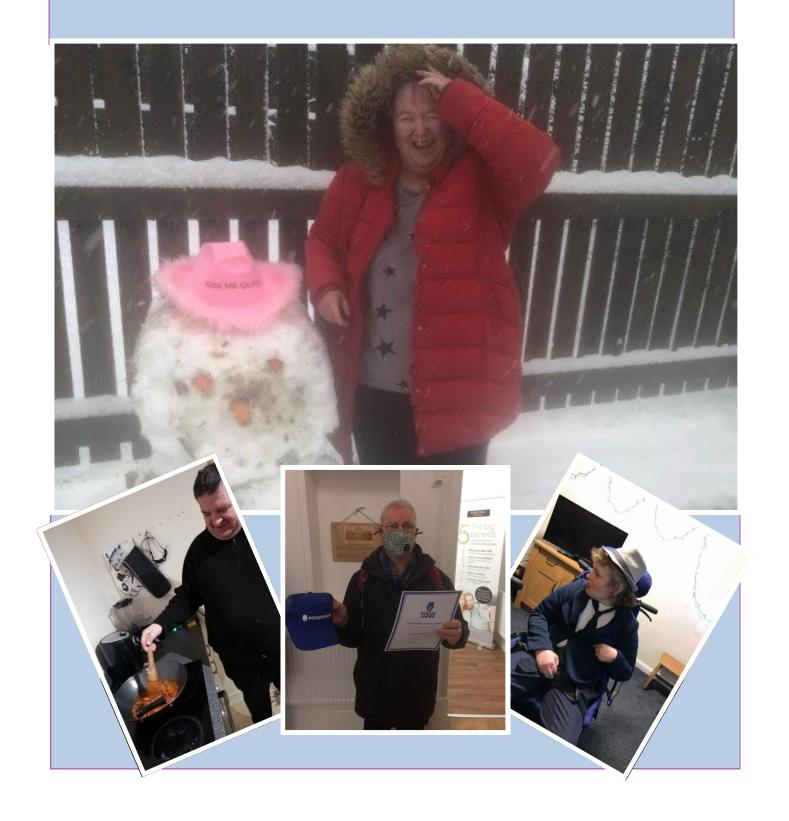


Creative Support Calderdale & Kirklees Newsletter February 2021



## Cooking Time



People have been keeping themselves busy by spending time in their kitchens coming up with some



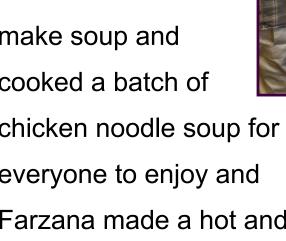
wonderful culinary creations.

Nigel has been preparing the veg for a healthy stir fry and David has made another batch of his homemade tomato soup.

David has been enjoying joining in with Zoom cookery classes.

Ann also decided that she wanted to

make soup and cooked a batch of chicken noodle soup for everyone to enjoy and Farzana made a hot and spicy curry





#### Snowmen

The recent wintery weather was enjoyed by people across Calderdale and Kirklees who spent time in their gardens creating some brilliant snowmen. Here are just a few of the

wintry creations people

made





#### Volunteer of the Month

Simon was very proud to be awarded Volunteer of the

Month by Focus 4 Hope, a group that supports local vulnerable people by providing essential services to the homeless, elderly and isolated individuals.

Well done Simon!



## Competition TIme



Here's Paul's entry that he submitted into one of Head Office's Competitions.

Paul spent a lot of time on his piece and although he was not judged as one of the winners he is very proud of what he has produced.

## Curry Cook Off

Mark, Andrew and Josh decided to have a bit of healthy



competition with a curry cook off. Some very spicy and tasty currys were produced with certificates for all at the end of it.



### New Technology

Paul and David have found new ways to stay busy and to



stay in touch with others during lock-down.

David has been enjoying watching music videos on You Tube. Paul has bought and set

up a tablet so he can keep in touch with people on email and Facebook and he's been enjoying games of solitaire.



## A Spot of Baking

Graham, Clara and Josh enjoyed a bit of baking during the recent snowy weather.

Graham made some very tasty flapjack and



Josh's first attempt at banana cake was very successful.
Clara made a huge batch of buns that she shared with her neighbours.





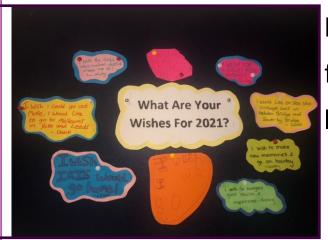
### Achieve Q Award

We're extremely proud of Katy and her staff team at Highfield for their Silver Achieve Q awards. An amazing achievement all round—well done to everyone!



### 2021 Wishes

Charlie, Lynn, David, Nicky and Keeley decided to write down what they wish for this year and display it in their



home as something to look forward to after lockdown is lifted.

# Spring Growing

Eric and Bart have been thinking about Spring by planting some daffodil bulbs in pots at home. They are looking forward to seeing them growing and having some lovely spring colour in their home





### Valentine's Arts and Crafts



Here's David with a brilliant
Valentine's banner and wreath
that he and Lynn made to
brighten up their home for
Valentine's Day.



## Blue's Brothers Night

Martin, Jack and Amanda enjoyed an evening of soul music with a Blue's Brothers themed night. They also enjoyed some very tasty American food.



#### Valentine's Cards

Ann came up with the great idea of sending Valentine's cards to her friends that she has been unable to



see due to Lockdown. She wanted to bring a smile to



their faces and with the help of Jane produced lots of lovely cards to send out

### Wall of Love

Caroline, Kerri, Helen and
Alison got into the
Valentine's mood by creating
a Wall of Love at home.

They wrote messages of



love to people dear to them and pinned them up to make a very big wall with a lot of love on it!

## Keeping Active

Bart and Raymond have continued keeping active throughout lockdown.

They've both enjoyed some long



walks in the local area.



Bart particularly enjoyed seeing the geese from a safe distance!

## Valentine's Zoom Party

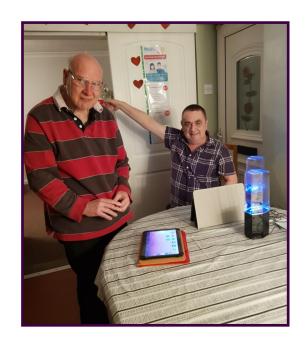


Following the success of the Zoom
Christmas Party everyone was very
excited to join in the Zoom
Valentine's party.



DJ Adam was in charge of the music for the evening and with the help of Greg kept everyone up and dancing to some fab tunes while enjoying some lovely food.





### Pancakes





Karen, Jane, Karen and Ann had a lovey time



making and eating pancakes in the 'Perfect Pancakes' Zoom cookery session!

