

## REMINISCENCE IN THE SUN AT COOPERS COURT



Coopers Court residents gathered in the garden to enjoy the last of the Summer heat. Residents selected their choice of song from the 'jukebox' and discussed why they liked the songs and what memories the songs brought back for them.

## DORIS DISCUSSES THE NEWS

Doris, resident of Coopers Court, has enjoyed spending time discussing current affairs with Alina and eating chocolate chip cookies. We think it's great to stay informed about what's going on in the world. How do you get your news?



## BBQ FEAST AT DUNCAN COURT

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Residents at Duncan Court feasted on delicious BBQ food as they socialised together. There was plenty of food to go round with BBQ chicken, burgers, sausages, rice and salad.

## SHIPTON HOUSE'S TRIP DOWN MEMORY LANE

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“We would go to the communal baths at York Hall every Friday. Mum gave us a bar of the soap and a towel and told us to go down the baths. The baths didn’t have taps you could use, someone else would put the water in, and

when they thought you had been in there long enough someone would say “I’m pulling the plug” “Later on we would go to York Hall for a dance, I never went to the boxing.” - Dolly Mansfield

If you would like to submit a story, artwork or poetry to the newsletter please contact Alex Donnelly on 07973943433 or email her on [Alexandra.donnelly@creativesupport.org.uk](mailto:Alexandra.donnelly@creativesupport.org.uk)



## SUE STARKEY HOUSE GARDENING DAY

Residents at Sue Starkey House got together with staff to spruce up the garden in preparation for its makeover. Residents pulled up weeds, added soil and planted beautiful flowers in the flower beds. To celebrate their hard work, a BBQ was enjoyed by all!



## HETTY GOODMAN'S PRIZED POETRY



Sue Starkey House resident Hetty Goodman was thrilled to receive the 1st Prize in the Creative Support Poetry Competition 2020. Congratulations Hetty!

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## SUE STARKEY POOL TABLE



Residents compete to see who is the best Pool player on their brand new pool table.

## SHIPTON HOUSE ART GROUP



Shipton House residents Dolly and Rosemarie created beautiful artworks together. Rosemarie chose to draw a landscape and a Lion and Dolly coloured a floral illustration.

## GARDEN PARTY AT SONALI GARDENS

A group of residents at Sonali Gardens got together for a Summer Garden Party. Sonali Gardens residents love cooking and the outdoors, so they really enjoyed chatting away in the sunshine whilst eating a summery spread of fruit salad, sandwiches and juice.



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## INTRODUCING RENSKÉ

Hi! My name is Renske and I'm the new training administrator for Tower Hamlets and Bromley. In my spare time I enjoy exploring the United Kingdom (I'm new to this country), reading and having picnics with friends. I also love learning new languages! I am currently learning to Punjabi.



## INTRODUCING BERNIE



Hi, I'm Bernie Carberry the new Housing Manager at Sue Starkey House and Shipton House. Outside of work I enjoy travelling; in February I visited Australia and saw Melbourne, Sydney, Byron Bay, Fraser Island and the Whitsundays, which was amazing. If you see me around the services feel free to say hi and introduce yourself!

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