



newsletter

September 2011



Photos from recent and upcoming events!

August bank holiday beach fest

Creative Support services users and staff were able to make the most of the August bank holiday through Creative Supports Seaside Bank Holiday Grant. To find out more, read their stories and see the photos please look out for the special edition seaside newsletter or view on our website! To send us your photos and story from your seaside experiences please contact us on **0161 236 0829** or marketing@creativesupport.co.uk

World Mental Health Day

To celebrate World Mental Health Day 2011 on **October 10th**, Creative Support will be hosting and taking part in lots of exciting events around the country, and celebrating our service users with "Creative Support's Got Talent" at Band on the Wall in Manchester. Other activities and events include:

Leeds Older People's Service will be hosting a day of entertainment which will include live music, arts and crafts, bingo and much more! For more information please contact **Jonathan Trepczyk** on **0113 2379 625**.

North Lincs will be completing their 912.6 mile journey virtually visiting Creative Support's mental health projects in England by cycling, running and walking! They are doing this to help raise money for mental health charities. For more information please contact **Brenda Moss** on **01724 858131** and see the news story on our website.

Liverpool will be holding an open day event at there office to raise money for mental health charities. To find out more information please contact **Julie Beacham** on **0151 298 2574**.

The Helm, Lancaster put on art exhibition from 27th September - 3rd October. They are also holding a promotional day at The Dukes Theatre with free tea, biscuits and craft sessions for the local community. For more information please contact **The Helm** on **01524 840521** or email thehelm.lancaster@creativesupport.org.uk

Blackburn are taking part in the "Zone In" event that offers various activities including grow your own plants, gym taster sessions, arts and crafts, reiki healing, stress less workshops and lots more! It is on Saturday 8th October, 11am till 3pm. For more information please contact **Wajid Bashir** on **01254 226360** or see the poster on our website.

West Berks visit The Lion King



On Sunday 18th September, 30 service users and staff from West Berkshire went to London to see The Lion King at The Lyceum Theatre. We set off at 12noon and despite traffic problems due to a cycle race in London, we arrived at The Lyceum Theatre and took our seats for an amazing performance. Staff and service users enjoyed the show thoroughly, especially the brightly coloured costumes, props and well known songs.

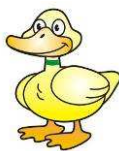
"I enjoyed the people dancing and the ice cream at the intermission."
– Andrew

"I liked the costumes and the singing" – Shaun



Quacking ducks

You may remember an article from last year when the service users from Oldham Road in Ashton-under Lyne started rearing their own chickens. Well they have gone one step further and following much discussion, about ducks, they have brought in four of them to supplement their egg production line! The service users all help out with the day to day care of the ducks including feeding them and refilling their pool! The four Chiaka Campbell ducks, Daisy, Daffy, Delilah and Daphne, have now been in residence for a couple of months and seem very at home. They love swimming in their pool and wandering around their enclosure, but what they love the most is when the service users come and give them their food!



Love of photography

My Name is Wendy Norris and I'd like to share with you my love of photography. Since I have been ill I have had great support from my local day centre in Warrington, they have given me a place to feel safe and relaxed and I have been able to further my hobby. I enjoy taking traditional images and displaying them without editing. I have had a couple of small exhibitions in my home town and some of my photos from Manchester Pride are on Creative Support's website. There is also a display of some of my work in



Taurus bar in Manchester throughout October, please pop down and have a look. I find photography very relaxing, especially when out walking and taking in beautiful views. I would love to inspire others to take up photography as their hobby.



Barbeque at Belle Vue Grove

Belle Vue Grove in the North East held a BBQ on Saturday September 3rd. There was plenty to do, including cake stalls, raffles with great prizes, and of course the delicious BBQ! It was open to all Creative Support projects and was a great success! A number of projects came along and enjoyed the afternoon. Everyone got the chance to socialise, make new friends and have a look around the project. A whopping **£167** was raised from the event for the tenants' activity fund and it wouldn't have been possible without the amazing tenants and staff at Belle Vue Grove. Thanks to everyone who came!



New contracts



Warrington Reablement Pilot

We are pleased to have been awarded grant funding to develop a pilot reablement service in Warrington. The 'Back on Track' service will enable people to return home from hospital and reduce the need for admission through a 6 week period of reablement support.

Trafford

We have been awarded an exciting new contract to deliver an innovative social inclusion floating support service with a Personal Support Fund element. The service contract starts in November 2011. A number of staff will transfer under TUPE and we are looking for a new base in Trafford.

Staffordshire

We are pleased to have successfully gained admission to the Staffordshire Autism Framework. This will complement our existing business in Staffordshire.

Older Peoples Day

On Saturday October 1st the UK celebrates the 5th Older Peoples Day to highlight the contribution older people make to society and celebrate their achievements, opportunities and aspirations. On Wednesday October 6th, Creative Support's Innovation House in County Durham will be holding an event in partnership with Age UK and a local community centre. Activities on the day will include hand and face massage, beauty treatments and art sessions. A buffet lunch and refreshments will be provided and there will be a quiz with prizes. For more information please contact **Julian Lawton** on **01388 771502**

Warm welcome to Ben Thomas!

Creative Support welcomes our new Marketing Intern at head office working in the Marketing and Communication Team. Ben will be taking on responsibility for the newsletter alongside Natasha Kirby, Marketing Administrator and he will also be getting involved in the website. If you're in head office, do come and say hello.



I Quit success!

Creative Support's I Quit programme is going strong and 43 staff members and 19 service users have succeeded in quitting this year. Congratulations to everyone who has quit and good luck to everyone who is trying now! If you are interested in quitting and would like more information on the programme, please contact Natasha Kirby, who has taken over responsibility from Suzanne Morton. Natasha is based at head office: **0161 236 0829** or email natasha.kirby@creativesupport.co.uk

