



# newsletter

November 2011



Photos from recent events!

## Breast Cancer fundraising day



On Friday 28th October, during Breast Cancer Awareness Week, staff at Creative Support's head office held a pink fundraising day. Breakthrough made and sold pink cakes and many people dressed in pink. Certificates were awarded to the Purchasing Team who went all out sparkly pink and Gavin Worrall from the Finance Team who wore a fabulous pink sequined shirt! Altogether we

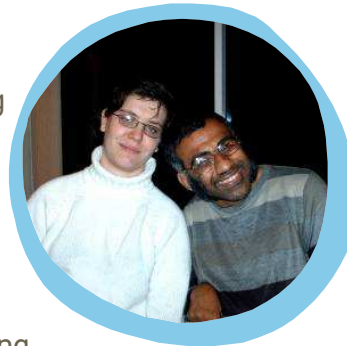
collected **a total of £273.65**

for Against Breast Cancer. A big thank you to everyone who donated and helped raise money!



## Remember, remember the 5<sup>th</sup> of November

Bonfire night at Junction Road was a huge success. The firework display brought together Creative Support projects from the surrounding areas including Doncaster Crescent, Lees Road, Middlesbrough Floating Support, The Crescent, and Maxwell Court. We also had the company of Stockton Cadets who had spent a busy day collecting donations for the Poppy Appeal. The cadets thoroughly enjoyed themselves and are looking forward to attending future events. Special thanks to Brian Coles and David Gilbey for lighting the fireworks on the night. The display went with a bang and the food went down well too.



## November



Every year in November, thousands of men in the UK and around the world grow moustaches as part of Movember! The campaign aims to raise money and **awareness of male health issues** such as prostate and testicular cancer. Some staff members at head office and in our projects are supporting this cause by growing their moustaches. If you have taken part in Movember we would love to know. Please send us your before and after photos, stories and fundraising totals to

## Tameside fright night



Service users at Neal Avenue in Tameside celebrated Halloween with a party for themselves and their friends. There were lots of scary decorations including bats, skulls and a carved pumpkin. A meat and potato pie supper followed by shortbread and chocolate cake was a big hit with everyone and they then had fun dancing to the fabulous Halloween Party CD. The best song played was the Monster Mash!

If you have any pictures to share from Halloween or Bonfire night or to send in a story please contact [marketing@creativesupport.co.uk](mailto:marketing@creativesupport.co.uk).

Chris  
Hindle,  
Service  
Director,  
and his  
handsome  
Movember  
moustache



## Leeds World Mental Health Day

Around 30 service users from Creative Support's Older People Friendship Group attended an event at the Henry Baron Centre on World Mental Health Day. Entertainment included performances from Support Worker, and fabulous singer, Vanessa Rani, bingo and a delicious buffet. The event was supported by charities and local organisations including Care and Repair Leeds, Adult Social Services, Asket Croft Community Psychiatric Nurses, Volition, the Sikh Elders Service, and Advocacy for Mental Health and Dementia. These service providers were on hand to give information to service users and where possible take referrals for



additional support services. Our service users had a great time: **"I enjoyed the party atmosphere and the music"**, "It was nice interacting with other service users", "I would like to be invited to more Creative Support events" and **"This event gave me the chance to make new friends"**.

## Volunteer reward scheme

The Creative Communities Reward Scheme is now open! If you are a service user and you volunteer at one of our projects or in the community you are eligible to take part in this scheme. All your volunteer hours are logged on a stamp card and signed off by a Support Worker. Once the card is full, simply send it back to head office with a completion sheet and you will receive a gift voucher in the post. You can also take part in this scheme if you are an external volunteer with Creative Support. However, you can only log the hours that you volunteer with us. If you would like more information, or to receive your stamp card please contact Harriet Knowles on **0161 236 0829** or email [harriet.knowles@creativesupport.co.uk](mailto:harriet.knowles@creativesupport.co.uk).

## Festive fundraising inspiration



Our Bradford projects have shown great determination and commitment to ensuring that all service users can attend and enjoy our regional festive celebration in Leeds. They visited businesses in the local community asking for sponsorship and items to raffle and they have done an incredible job! You have to be impressed with the donations they have received! Shop owners in the local Asian community generously gave beautiful jewellery worth £50 and 8 pairs of shoes, Currys offered electrical goods, and a local agency donated £400. The items are being raffled at the Carlisle Business Centre to raise money to pay for transport to and from the party and to make sure it is a truly festive celebration.

## 2012 Calendar Competition

Thank you to everyone who entered the competition for the 2012 Creative Support Calendar. We received lots of great art, photography and creative writing. The 12 winners have now been chosen. Look out for the calendar which will be available in time for the start of the New Year!



## CQC website

The new and improved Care Quality Commission website is now online. You can leave feedback, opinions and suggestions for improvement and browse through the latest annual reports. Visit the website at [www.cqc.org.uk](http://www.cqc.org.uk).

## Quit smoking

It's that time of year again when everyone is thinking about their New Year resolutions. The Creative Support quit smoking scheme would be a great way to help you stop smoking as your New Year Resolution, plus you get a £130 reward if you succeed, which is a great motivator. The scheme is for staff and service users. If you would like more information about the I Quit scheme please contact Natasha Kirby at head office on **0161 236 0829** or email [natasha.kirby@creativesupport.co.uk](mailto:natasha.kirby@creativesupport.co.uk)

## POP

POP, aka Planting on Prescription, is a new project. Professional horticulturists at Hulme Community Garden Centre are working with the NHS and local GP surgeries to deliver social prescriptions as part of a holistic approach to improving wellbeing. To find out more please contact Julie Kerr at **Hulme Community Garden Centre: 0161 227 8198** [info@hulmegardencentre.org.uk](mailto:info@hulmegardencentre.org.uk)



## New contracts



### Lancashire

We have been awarded Ainscough Brook Extra Care Scheme, our first extra care service in Lancashire.

### Cumbria

We were awarded several areas of a recently tendered Framework, including Support at Home in Extra Care Housing, Short Term Accommodation Based Floating Support for people with mental health needs, Housing Related Support within Sheltered and Extra Care Housing, Support at Home Services and Supporting People Generic Floating Support Service.

### Staffordshire LD

We ranked top in all areas on this Framework.