

newsletter

June 2010



The Champions - Fletcher Court



This September is ...
Service User
Involvement Month!

The 2010 5 a Side Football Tournament

On Saturday 5th June, twenty eight teams from Creative Support projects around the country travelled to the Powerleague Soccerdome in Trafford to battle it out on the pitches.

Special guest **Sue Smith** who plays Midfield for England gave an inspirational speech and shared football techniques with the players. She also chose two players of the tournament, **Colin Andrews** and **Scott Black**. The final match between **Fletcher Court** and **Cumbrian Chipmunks** was tense although the mood was expertly lightened by **Peter Scott** and **Allen Howard's** hilarious commentary.

The event raised a total of **£580** which has been donated to two charities, **CP Sport** which encourages people with cerebral palsy to enjoy sports and **WaterAid**, our corporate charity.

For the full story, team photos and action shots, have a look on the website and see the special sports section of the new service user magazine out this week.

If you have any stories or photos from the day which you would like to share, do send them in to alison.white@creativesupport.co.uk and we'll put them up on the website.

We're looking forward to next year already!



England star Sue Smith and CP Sport's Manchester Football Team

As part of our year of 20th Anniversary celebrations, there will be lots of special events and activities taking place across the country during September.

Lots of projects have decided what they are going to do and many have applied for grants to make their celebrations extra special. These include a barge trip, an art exhibition, themed parties, a table tennis championship, day trips to the beach and visits to art galleries. There are also some great partnerships between projects, for example Tameside are planning a week of events at different projects which will cumulate in a party for everyone.

If you're struggling to think of something to do, or would like to host an event with another project but are not sure who to pair up with, Suzanne at head office will be pleased to give you a hand - just give her a call on 0161 236 0829.

Grant application forms, information forms and an calendar of events were recently circulated to all projects. You can contact Suzanne for more copies of these if you need them

Heads Up!

Service users from Blackburn and Osborne Road recently took part in a 'Heads Up' mental health awareness day at Ewood Park in Blackburn. Service users and staff from Blackburn's Healthy Living Group made healthy lunches to sell at the event which were snapped up and heartily enjoyed by other attendees.

Creative Support's Blackburn football team were also out in force at the football tournament that took place in the morning. Creative Support staff ran a bag making workshop, a simple idea which proved very popular and produced some very stylish creations.

Guests also made a 'Life River', a collective timeline showing important personal events in their lives. This could be a great way to strengthen relationships in your project or service. You can call Harriet Knowles at head office if you would like more ideas about how to do this.



Tessa, Ken, Paul and Paul from Blackburn

A walk in the park

Staff and tenants from Edwards Court in Middlesbrough held a sponsored walk to raise funds to buy a swing, garden games, plants and activity equipment.

The three mile walk raised £306 and took the group around Albert Park and via the Yellow Rose pub where a buffet was provided.

Creative Cooking Recipe Book

There's no denying it, food is great and if you've made it yourself it's even better!

We're making a Creative Cooking Recipe Book featuring your favourite dishes. If you have any family favourites or culinary secrets which you are willing to share ... now's the time to unleash them for all to enjoy! Send your recipes and photos of the preparation and you enjoying what you've made to suzanne.morton@creativesupport.co.uk

Look out for the poster coming your way soon for more information, or give Suzanne a call at head office on 0161 236 0829.

Disability Awareness Day

Disability Awareness Day (DAD) is Europe's largest not for profit voluntary-led disability exhibition. It is held annually in a huge tented village at Walton Hall Gardens, Warrington. This year the event features a whole weeks worth of talks, exhibitions, activities and workshops finishing with a big event on Sunday 11th July.

To find out more about what the organisers have planned, please visit www.disabilityawarenessday.org.uk See you there - look out for the Creative Support stand!



DAD 2009

Look out for the new magazine

The new service user magazine is out now and we're running a competition to rename it. Send your ideas to alannah.gale@creativesupport.co.uk and if your name is chosen you'll win £20 in vouchers. We're really keen to know what you think of it - good or bad - so do let us know your thoughts!

New contracts

Leicestershire

Two supported living bungalows for people with a learning disability in Quorn and Sileby due to start in October 2010

Leicester

Two supported living bungalows for people with a learning disability in Kirby Muxloe and Markfield, also due to start in October 2010

North Lancashire

Solutions Plus is an innovative remodelling of a service for people with all levels of mental health needs, starting September 2010

New framework

Leeds

Autism Specific Supported Living Framework, commenced 24th May for 2 years

Quality award

Leicester

Parkside (Leicester Supported Living and Outreach service) achieved a level A on the Supporting People Quality Assessment Framework

June 2010
creative service user support MATTERS
Meet the little chap on Page 12
Send us your creative ideas for a new name!
20th Anniversary Page 3
Health & Wellbeing Page 6-7
Ten Questions Page 9

Welcome to your new magazine!

Time for a change
Summer has finally arrived and to celebrate 'Service User Matters' has got a great new look! You told us it was time to change the design to make it more attractive and easier to read, so we have! Let us know what you think.

And a new name too
A lot of you told us that you don't like the name so we would like you to think of a new name. We are running a competition to decide what the magazine should be called.

What else is new?
Inside each issue you'll find a Health & Wellbeing section, Creativity Corner, a Creative Communities feature, key Tournament and read on for details for your copy and a full issue exciting news about our 20th Anniversary celebrations. And for anyone who is keen to learn more, we're also putting together a Creative Cooking Recipe Book, so make sure you send us your favourite recipes for it!

See the sports special!
Edwards Court Football team with England player Sue Smith