

COMPETITION

As part of Creative Support's 20 year celebrations we are running a competition with the **theme**:

Opportunity, Choice and Wellbeing!

The competition is open to all service users. To enable as many people as possible to enter, there are 5 categories:

- **Art and crafts** (e.g. paintings, pottery, embroidery)
- **Performance arts** (e.g. drama, music, singing)
- **Photography**
- **Creative writing** (e.g. stories, poems, your life story)
- **Poster** (a poster using any media e.g. collage, drawing, etc)

Entries can be submitted by individual service users or groups. You can enter more than one category and as many times as you wish - each entry must have its own entry form (on the back of this leaflet).

If your entry is being exhibited locally for Service User Involvement Month in September, please send photographs and a description of it. Entries for performance arts, should be recorded or filmed and sent in on CD or DVD.

There will be a prize for each category!

Entries will be judged regionally and short-listed entries will be sent to head office for final judging.

All entries must be sent to your regional office by:

Tuesday 31st August

We look forward to your creations!

GOOD LUCK!





Your name: _____

Project & contact: _____

Contact telephone number: _____

Regional office entry sent to: _____

Entry Category



- Arts and crafts
- Performance arts
- Photography
- Creative Writing
- Poster

Title of entry: _____

Type of entry e.g. poem, painting: _____

How your entry represents the theme: _____



If there is not enough space, please continue on another piece of paper and attach it

Regional offices and contacts for submission:

North East: Margaret Wadrop, 2 Innovation Court, Yarm Road, Stockton on Tees, TS18 3DA

Midlands: Janet Maybury, Mill House, Unit 7, Mill Street, Aston, Birmingham, B6 4BS

London: Amalia Garland, Unit 2, Floor South, Bellside House, 4 Elthorne Road, London, N19 4AG

Lancashire: Lesley Alston, York House, 76 Lancaster Road, Morecambe, Lancashire, LA4 5QN

North Lincolnshire: Brenda Moss, Haldenby House, Unit 2/3, Berkeley Business Centre, Doncaster Road, Scunthorpe, DN15 7DQ

West Berkshire: Roz Brannigan, 118-128 London Street, Reading, Berkshire, RG1 4SJ

North West: Suzanne Morton, Dale House, 35 Dale Street, Manchester, M1 2HF



If you have any questions please contact Alison, Suzanne, Alannah or Harriet at Head Office

Entries must be received by 31st August 2010



35 Dale Street, Manchester, M1 2HF - Tel: 0161 236 0829 Fax: 0161 236 3119